An Hour That Makes a Difference



A Year's Worth Of Things To Do With Your Student for about an Hour

40 Ideas, one for each week of the year: (cross them off as you do them!)

- 1. Make a family tree for each of you.
- 2. Create lists of your favorite things & compare.
- 3. Make popcorn & tell funny stories about teachers.
- 4. Take a power walk.
- 5. Play a card game, board game or video game.
- 6. Organize your 3 ring-binder.
- 7. Shoot some hoops (even if you never have).
- 8. Create "If I were.." lists (ex: dog breed, horse, cartoon character, etc.)
- 9. Rent a movie.
- 10. Talk about the last book or article you read.
- Go to the Rec Center—play basketball, racquetball, etc.
- 12. Get together with another match to play games.
- 13. Draw-even if you're terrible at it.
- 14. Bring in photos and scrapbook something.
- 15. Make thank you cards just before the holidays so your ready to send them right after the holidays.
- 16. Go for a walk—even if it's cold.
- 17. Get an ice cream after lunch.
- 18. Make goals for the New Year.
- 19. Go to an art exhibit.
- 20. Hula Hoop, Limbo, Dance or Play Tag.

- 27. Tell nice funny stories about your friends.
- 28. Plan holiday presents make a list to take home with ideas for each person whether you are making or buying.
- 29. Read short stories to each other.
- 30. Take funny photos or try for real art.
- 31. Play Frisbee golf—make up your own course outside the school—don't hit any windows.
- 32. Do rubbings of trees, bricks, and other textures around the school.
- 33. Plant something in a container garden.
- 34. Plan a week's worth of after school snacks.
- 35. Volunteer somewhere else in the school.
- 36. Perform one random act of kindness.
- 37. Paint.
- 38. Build a bird feeder—with a pinecone, peanut butter and seeds.
- 39. Make a collage about your student—get creative and make true reflection of a real expression of him/her.
- 40. Write a nice note to someone you care about.